



## PROGRAM and RACE RULES



The Marcialonga Organising Committee, in co-operation with the Cornacci Ski Team Tesero, organises on 28<sup>th</sup> and 29<sup>th</sup> of January 2023 the "Marcialonga Young", a promotional cross-country ski race in classic technique open to young skiers (born from 2003 to 2010), members of the National Associations belonging to F.I.S.

### CATEGORIES

M – L 2010 – 2009  
M – L 2008 – 2007  
M – L 2006 – 2005  
M – L 2004 – 2003

### ENTRIES

Entries are possible not later than Friday 27<sup>th</sup> January at 12.00 a.m., sending the enclosed entry form accompanied by the receipt of the payment of the entry-fee of 10,00 to [entry@marcialonga.it](mailto:entry@marcialonga.it).

The payment must be done to the bank Cassa Rurale di Fiemme – 38037 Predazzo – Italy  
IBAN IT27S0818435280000000083816 – Swift CCRTIT2T50A

On the entry-form all personal details must be clearly written. Entries which are incomplete or without the entry-fee will not be accepted.

The number of entries reserved to foreign athletes is limited to 50.

### RACE OFFICE

Start-numbers will be distributed in the race office in Lago di Tesero:

SATURDAY 28.01.2023 from 12.30 p.m. to 1.30 p.m.  
SUNDAY 29.01.2023 from 7.30 a.m. to 8.30 a.m.

### COURSE

U14 F	4 km – Lago di Tesero
U 14 M / U16 F	5 km – Lago di Tesero
U 16 M	7,5 km – Lago di Tesero
U 18 – U 20 F	9 km – Lago di Tesero – Cascata – Cavalese
U18 – U 20 M	14 km – Lago di Tesero – Molina di Fiemme – Cavalese

SCI CLUB MARCIALONGA Associazione Sportiva Dilettantistica affiliata F.I.S.I. – ACSI CICLISMO – ACSI ATLETICA  
Loc. Stalimen 4 – 38037 PREDAZZO (TN) ITALIA – P.I. 01605290228

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### TECHNIQUE

The race is in classic technique; the free technique is forbidden and leads to disqualification: this will be strictly supervised all along the course by the officials in charge.

The waxing of the skis is only permitted if done by the athlete him/herself – with no external help. The Jury has the right to penalise or disqualify the competitors who break these rules. Competitors who deliberately linger on the track or are no longer able to continue the race, will be disqualified.

### START

Lago di Tesero – Cross-country Ski Stadium

28.01.2023 2.00 p.m. Mass Start U14 F, U14 M, U16 F, U16 M

29.01.2023 8.50 a.m. Mass Start U18 / U20 F, U18 / U20 M

### GATES

Molina di Fiemme 09.30 a.m.

Cascata fork 09.45 a.m.

Cascata street 10.00 a.m.

### PRIZE GIVING CEREMONY

The top three of each category will be awarded:

Saturday 28.01.2023 straight after the awards ceremony of the Minimarcialonga at 3 pm

Sunday 29.01.2023 straight after the finish.

### PROTEST

Protests must be delivered to the Jury within 15 minutes after the end of the race, accompanied by 50,00 €. The fee will be refunded if the protest is accepted.

### TEAM CAPTAINS MEETING

The TCM is scheduled Friday 27<sup>th</sup> at 5.00 p.m. in the Race Office – Lago di Tesero and on Saturday 28<sup>th</sup> at 5.00 p.m.

### NOTICE

The Organising Committee has the right to vary these race-rules, to make changes to the course or to cancel the race.

Competitors acknowledge and accept these regulations by sending the entry-form, exempting the Organising Committee from any liability in case of damage done or suffered. For any other matter not in the present rules, it is to be considered the F.I.S. Guidelines for promotional races.

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