

## Lavazeloppet Regulations

1. U.s. Lavazè Varena organizes the 43th edition of Lavazeloppet, international cross-country ski race of a length of 22km in classic technique.
2. The race will be held at the high plateau of Lavazè on Thursday, 23<sup>rd</sup> of January 2020 at 9:30 a.m., mass start.

All male and female skiers from 18 years old and members of the National Associations belonging to F.I.S. may enter the race.

3. Entries must be done on the Official Lavazè Websites at the [link](#). The entry form must be completed in all its part and sent before the 16<sup>th</sup> of January when the registration will close. The Organizing Committee could anticipate the closing date when reaching the final number of 400 competitors.

The entry-fee is 35€ and it must be paid by credit card.

4. Athletes must pick up their race number and gift bag at the Race Office in high plateau Lavazè.

### Race Office's opening time:

Tuesday 21 January from 14:00 to 17:00

Wednesday 22 January from 09:00 to 17:00

Thursday 23 January from 7:30

5. The jury meeting is the 22th January at the Race Office.
6. The check-in at the gate is obligatory and it is from 9:00 a.m.  
Competitors who placed in the first 50s in 2019, Athletes representing National Ski Teams and competitors with less than 100 F.I.S. points will start in front.
7. The race is in classic technique: the free technique is forbidden and leads to disqualification. This will be strictly supervised all along the course by the officials in charge. During the race there is no right to ask for "free track" for those who want to overtake another competitor.  
Along the track there would be two refreshment point and one other would be found at the finish lane.  
The maximum time to reach the finish is 3 hours and 30 minutes.
8. During the competitions, photos would be taken. Foto Studio 3 is in charge and the picture will be available on [www.fotostudio3.com](http://www.fotostudio3.com) after the race.
9. Results will be available on [www.marcialonga.it](http://www.marcialonga.it) and on the facebook page: Lavazeloppet.
10. Protests must be delivered to the Jury following R.T.F instructions, accompanied by 50,00 €. The fee will be refunded if the protest is accepted.
11. There will be prizes for the first 10 men and first 5 women. The price giving ceremony will take place in the finish area at 12:00.
12. This regulation comply with R.T.F and F.I.S. disposals. Refer to them for any missing instruction.

13. The voluntary registration and subsequent participation to the race, indicates the full acceptance of these rules and any eventual change. By registering, the participant exempts the organizers from any liability (civil or penal), for damages to persons and/or property caused or derived by him.

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